

Bio-live Yoghurt Bowls

Pick your delicious base of our uniquely sourced yoghurt:
BIO-LIVE YOGHURT or **COCONUT YOGHURT** + £0.50

A bowl of goodness for only:
SMALL £3.95 | REGULAR: £4.95

SWEET

GRANOLA + STRAWBERRY

Dorset Oats Granola + Strawberries + Chia Seeds + Honey

DARK CHOCOLATE + ORANGE

Belgian 70% Dark Chocolate + Orange Segments + Pistachios + Fresh Mint + Honey

RASPBERRY + WALNUT

Raspberry + Walnut + Rolled Oats + Cinnamon Powder + Honey

QUINCE COMPOTE + GRANOLA

Quince + Dorset Oats Granola + Pom Seeds + Orange Segments + Cinnamon

MANGO + PINEAPPLE

Mango + Pineapple + Basil + Star Anise + Honey

BANANA + HAZELNUT

Banana + Crushed Hazelnuts + Toasted Almond Flakes + Agave Maple Syrup

SAVOURY

AVOCADO + BEETROOT

Avocado + Beetroot + Fresh Mint + Sea Salt + Black Pepper + E.V. Olive Oil

SMOKED SALMON + DILL

Forman's Smoked Salmon + Dill + Lemon Juice + Sea Salt + Black Pepper + E.V. Olive Oil

ROASTED AUBERGINE + TOMATO

Roasted Aubergine + Roasted Cherry Tomato + Chilli Powder + E.V. Olive Oil

FREEKEH + RED LENTIL

Freekeh Wheat + Red Lentil + Lemon Juice + Garam Masala + Dried Mint + E.V. Olive Oil

HUMMUS + ZA'ATAR

Hummus + Chickpeas + Toasted Pine Nuts + Parsley + Za'atar + Sumac + E.V. Olive Oil

CAULIFLOWER + GREEN TAHINI

Cauliflower + Green Tahini Sauce + Barley Rusk + Sea Salt + E.V. Olive Oil



Dessert

With artisanal ingredients

SOUR CHERRY PARFAIT

Sour Cherry Jam + Bio-Live Yoghurt

£2.95

RAW CHOCOLATE + RICOTTA MOUSSE

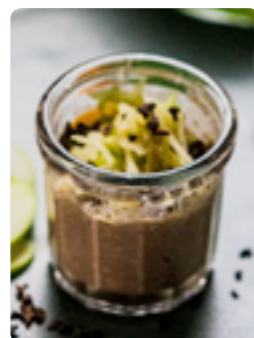
Raw Cocoa + Whipped Ricotta + Pom Seeds + Honey

£2.95

VANILLA + LIME ZEST + GINGER BISCUIT

Bio-Live Yoghurt + Vanilla Extract + Lime Zest + Ginger Biscuits

£2.95



Turkish Eggs

THE ULTIMATE BREAKFAST

2 POACHED BRECKLAND FARM EGGS

+ FRESH SIMIT OR SIMIT DIPPERS

+ BIO-LIVE YOGHURT

£4.50



Latke

Oven-baked vegetable bites, hand crafted every day.

ZUCCHINI + FETA

Zucchini + Feta + Pine Nuts + Lemon Juice

£2.25

SUPERGREEN

Leek + Dill + Parsley + Coriander

£2.25

CARROT + CORIANDER

Carrot + Coriander + Lemon Juice

£2.25

LEEK + POTATO

Leek + Potato + Nutmeg

£2.25

YOGHURT DIP OPTIONS | £1.95

PAPRIKA | BEETROOT | GREEN TAHINI

CHOOSE ANY 3 LATKES + 1 DIP SAUCE £6.50



Bio-live Smoothie

Crafted every morning in Mandira Lab.

PLAIN KEFIR

with a hint of Orange Zest

£3.00

RAW COCOA + ORANGE COCONUT SMOOTHIE

Cocoa + Orange + Lemon Zest

£4.50

MANGO + CORIANDER BIO-LIVE SMOOTHIE

Mango + Coriander + Red Chilli

£4.50

SUPERGREEN COCONUT SMOOTHIE

Kale + Spinach + Parsley + Turmeric

£4.50



Simit Bagel

A TRADITIONAL, TURKISH BREAD.

Similar to a bagel, but lighter, crispier and coated in sesame seeds.



PLAIN SIMIT

Great for Dipping or delicious by itself

£2.00

MANDIRA EGG SALAD

Breckland Farm Eggs + Bio-live Yoghurt + Colman's English Mustard

£4.50

THE AEGEAN

Anthotyro Cheese + Smyrna Dried Figs + Wild Flower Honey

£4.50

THE MEDITERRANEAN

Black Olive Paste + Pomegranate Mollasses + Barrel Aged Feta + Cucumber

£4.50

THE VEGAN

Grilled Aubergine + Grilled Courgette + Sweet Red Pepper Paste

£5.00

SIMIT TLT

Turkey + Lettuce + Tomato + Colman's Mustard Sauce

£5.00

GUACAMOLE

Avocado + Tomato + Red Onion + Coriander

£5.00

SMOKED SALMON

Forman's Smoked Salmon + Mandira "Cream Cheese" Labne + Dill + Black Pepper

£5.00

TURKISH PASTRAMI

Air-dried Cured Beef with red pepper and garlic + Aged Cretan Graviera

£5.00

HALLOUMI

Unsalted Halloumi + Muhammara with Walnuts

£5.00

ANY SIMIT BAGEL + ANY TEA OR COFFEE £6.00

Beverages

COLD-PRESSED JUICE

GREEN BLAST

Apple + Spinach + Celery + Ginger + Lime

COFFEE

Espresso

Macchiato

Americano

Turkish Coffee

Flat White

Latte

Cappucino

TEA

English Breakfast

Green Tea

Camomille

Fruit Symphony

Turkish Ceylon Tea

(Refill)

Fresh Mint Tea

£3.75

DETOX

Orange + Carrot + Apple + Ginger

£1.50

£1.50

£2.00

£2.50

£2.50

£2.50

£2.50

ORANGE

Pure Orange

£1.75

£1.75

£1.75

£1.75

£2.00

£2.00

Daily Soup

Ask staff for daily soup offer.

SMALL: £3.50

LARGE: £4.50

